MORE BEAUTIFUL THAN BEFORE HOW SUFFERING TRANSFORMS US

By Steve Leder

A beautifully concise book that helps all of us discover purpose in our pain

very one of us sooner or later walks through hell. The hell of being hurt, the hell of hurting another. The hell of disease, the hell of loss. The hell of knowing that this year, like any year, may be our last but we need not come out empty-handed. As the leader of Wilshire Boulevard Temple in LA for 30 years, Rabbi Steve Leder has witnessed a lot of pain. After comforting so many, he thought he understood suffering and its challenges but when it struck hard in his own life, a new understanding unfolded before him as he felt pain's profound effects on his own body, spirit, and soul.

In the spirit of such classics as *When Bad Things Happen to Good People, A Grief Observed, and When Things Fall Apart, More Beautiful Than Before* examines the many ways we can transform physical, psychological, and emotional pain into a more authentic, meaningful life.

Drawing on his own story and others', Steve Leder guides us through pain's stages of surviving, healing, and growing as he shows us that when we must endure, we can, and that there is a path for each of us that leads from pain to wisdom. This powerful book will inspire in us all a life worthy of our suffering: a life gentler, wiser, and more beautiful than before.



"This book is incredible. It is lyrical. It is impactful, powerful and important - on a personal, social and global level. I applaud you for writing a book that will help and heal many people."

~Mallika Chopra CEO of INTENT.COM, AUTHOR, SPEAKER



STEVE LEDER is the Senior Rabbi of Wilshire Boulevard Temple in Los Angeles and the author of such critically acclaimed books as *The Extraordinary Nature of Ordinary Things* and *More Money Than God: Living a Rich Life Without Losing Your Soul.* Twice-named by Newsweek as one of the ten most influential rabbis in America and the winner of numerous awards for his interdenominational and cross-cultural dialogue, Leder has been a guest on *CBS, ABC, NPR, PBS, FOX, Dennis Miller, The Tavis Smiley Show, Cavuto and Friends, Scarborough Country, Fox Family, Fox & Friends, and ABC Overnight.* Steve has also been featured in the *NY Times, LA Times, Beliefnet, and TIME Magazine.* Steve Leder is a graduate of Northwestern University, studied at Trinity College Oxford, and was ordained at Hebrew Union College. He lives with his family in Los Angeles. "This powerful book will inspire in us all a life worthy of our suffering; a life gentler, wiser, and more beautiful than before"

A POWERFUL MESSAGE WITH UNIVERSAL APPEAL

"I recommend this powerful book by my dear friend, Rabbi Steve Leder. It is filled not with theory, but with time-tested wisdom that can only come from years of experience helping people. This is such a beautiful book! It is the voice of experience, from a wounded healer who is both realistic and hopeful. I love Steve Leder, I love his congregation, and I loved reading this book! But don't just read it, buy a copy for a friend."

~PASTOR RICK WARREN,

#1 New York Times bestselling author of The Purpose Driven Life

"Steve Leder is an extraordinary man, with a heart full of grace and a soul generated by love. In this book, he teaches us how to not just survive suffering, but indeed, how to thrive from it."

~TAVIS SMILEY,

PBS Talk Show Host, #1 New York Times bestselling author of The Covenant with Black America

"Rabbi Leder has written an uplifting and hopeful work about the most tough and difficult of subjectshow we can be transformed by the most difficult trials that face us during our lives. His stories and insights are deep and true. This is an important and very human book."

~LES MOONVES,

Chief Executive Officer, CBS Corporation

A COMPASSIONATE VOICE WHOSE WORDS OF WISDOM CAN HEAL US ALL

- Twice-named one of Newsweek Magazine's ten most influential rabbis in America
- Sermon included in an award-winning episode of The West Wing
- Subject of the award-winning documentary *Restoring Your Tomorrow*
- Recipient of the Louis Rappaport Award for Excellence in Commentary
- Recipient of Religious Action Center's Kovler Award for his work in the African-American community
- Fellow in the British-American Project, a think tank bringing together leaders from America and Great Britain
- Subject of articles in the New York Times, Los Angeles Times, and Town & Country
- His commentaries in the Los Angeles Jewish Journal were read weekly by over 50k people
- A guest on CBS, FOX, ABC, NPR, PBS



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